

Peripheral Vascular Disease

Facts

Very common, affects
>25 million Americans.
Usually seen in legs.

Risk Factors

Age >50 years old
Diabetes
Family history
High blood pressure
High cholesterol
Lack of exercise
Overweight
Smoker

Signs & Symptoms

Burning or aching pain
Dry skin
Hair loss on legs & toes
Heaviness or pain in legs
Leg cramps
Numbness, tingling, or
weakness in the legs
Pale, shiny, or thin skin
Thickened nails
Varicose veins
Weakened pulses
Wounds



Hermes Healthcare

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care services in
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